

S
E
P
T
E
M
B
E
R

2
0
1
1



Chicago Nomads

Ski Club Newsletter

SATURDAY SEPTEMBER 17

FALL PICNIC

☛ Yankee Woods

☛ Sign up at the meetings

☛ Bring something to share

☛ Volunteers needed

☛ Help make this picnic another big success!



V
O
L
U
M
E
N
E

5
5

I
S
S
U
E

9

It's time too... **Think Skiing!!**

<https://www.facebook.com/pages/Think-Skiing/178036063517>

MADAME PREZ SEZ...*Pamela Castellanos*



WE KNOW AUTUMN is upon us, not when the leaves turn colors, but when Ski-A-Rama has passed and the fall picnic is the next big event. Kudos to Pam B for running a successful advent to the ski season, and thanks to the trip leaders for setting up shop and answering endless questions about scheduled ski trips. Heather S. was busy with membership for most of the afternoon, and reports nearly 150 members at this point. That number is expected to increase as we go forward into winter and make marketing and recruitment a priority. As members, your help with bringing in new folks to the club is the best marketing we could have, so don't be shy about bringing your friends, family and neighbors to a meeting or event. And please continue to introduce yourselves to those who are checking us out or have recently joined. You make all the difference in the world in communicating who the Nomads are to new members!

ALTHOUGH ALL OF THE SKI TRIPS planned are wonderful and reasonably priced, most of us must pick and choose among the possibilities. While it is tempting to hold off on signing up and putting down a deposit, if you are considering a trip, please let the trip leader know as soon as you can. The very practical side of this is that Ed M. and Mike H., our ultimate trip directors, will have to make hard decisions about what trips will go, and that depends on the number of sign-ups. Some trips are looking very healthy early on (Marquette, Breckenridge, and Big Sky). Others are getting off to a slower start, but will hopefully build as trip leaders continue to be available to take your registration at Social and General meetings. Whether you are on bus or plane, travelling with the Nomads is always an adventure...and that's just the beginning, so make your trip decisions and deposits early on.

WHILE A LOT OF NOMADS volunteered time for Ski-A-Rama, we should recognize our youngest members, Alex and Irene C., who assisted Pam with the raffle, as well as Debbie, Jan, and Dorothy who did a fabulous job of selling those raffle tickets. Thanks to Ruthie who took over finances after Pat M. had to leave to catch a plane. You always come through for the Nomads, Ruthie! Patty P. continues to collect money for ad placement in the 50th Anniversary program, so if you have something to say or to advertise, please contact her. Finally, if you look through the pictures, you will see our editor and official photographer, Janet K. was very busy at Ski-A-Rama, proving once again that the *Nomads are looking marvelous for 50!*

You Say it's Your Birthday, **HAPPY BIRTHDAY** to YOU!!

1 Debbie Durkovic	10 Paul Grzyb	20 Judith Dunn
3 Mehlin Smith	11 Ed Schofield	22 Barbara Bohusz
5 Jim Aliosius	13 Debbie Clausius	23 Lynn Holtz
5 Janet Knipper	14 Alex Kurczaba	24 Vickie Morris
7 Gerald Dagenais	17 John Meister	26 Katherine Olsen
8 Raymond Offemaria	17 Steve Young	26 Phillip Skultety
9 Nancy Keller	20 Beverly Grybas	30 Juan Gonzalez Jr.
	20 Maryann Becich	

Letter from the Editor,

Hi all, hope everyone's summer has been good, the weather these last 2 wks have been great!


I, along with several Nomads made the CMSC Picnic a couple of weeks ago, started out with torrential rains, by the afternoon it was a great summer day...mostly we went to see the jumpers, unfortunately that event was cancelled, somewhat disappointing, still a nice time and a chance to mingle with other CMSC clubs.

Ski-a-Rama had a good turnout, its always good

to see members you haven't seen in awhile. Now its time to think about what trip you want to take, start getting into shape, ready for the hills!

Then there's the BIG 50th Anniversary dinner dance coming up hope to see EVERYONE there! Mark your calendars!!

I would like to thank John Meister, a Nomad, and his boss Tim Brown, at *Inksmart* for donating tons o' ink cartridges for recycling, I'm sure the Blink Skiers will appreciate it.

Janet K. 

Nomads 50th Anniversary

**THE NOMAD SKI CLUB IS TURNING 50!!
WE WILL BE CELEBRATING WITH A DINNER DANCE**

SATURDAY, OCTOBER 15, 2011 ~ AT THE CHATEAU DEL MAR, HICKORY HILLS

WE ARE ASKING FOR YOUR SUPPORT BY PURCHASING AN AD IN OUR ANNIVERSARY PROGRAM. IT CAN BE AN ADVERTISE-
MENT, MESSAGE TO FRIENDS OR SENDING A
GREETING TO THE CLUB. FEEL FREE TO DESIGN YOUR OWN AD, PICK FROM OUR SAMPLES OR SUBMIT A BUSINESS CARD.
SEE OR CONTACT PATTY PFAU, PATRICIA.PFAU@BP.COM

NAME: _____ PHONE #: _____

1/4 PAGE, \$25 1/2 PAGE, \$50 FULL PAGE, \$100

CONTENT OF AD: _____



SAVE THE DATE!
**Saturday, October 15 ~ Nomads 50th
Anniversary Celebrations!!**

AMERICAN FAMILY INSURANCE *
www.amfam.com

RALPH CHALKER
RALPH CHALKER AGENCY
3753 NORTH HARLEM AVENUE
CHICAGO, ILLINOIS 60634-2209

Office: 773-202-9997
Fax: 773-202-9998
Mobile: 847-721-1892
E-Mail: rchalker@amfam.com
Website: www.rchalker.com
24-Hour Claims Reporting: 800-374-1111

REGISTERED REPRESENTATIVE
AMERICAN FAMILY SECURITIES, LLC

*Securities Offered Through American Family Securities, LLC



"Your Out West Ski Shop in the Midwest"


"Best Ski Shop in Chicago Suburbs" - Windy City Sports
"Top Boot Fitters in the Nation" - Insider Ski Letter

SAVE on Chicago's BEST SELECTION
Ski Equipment, Ski Wear
Snowboards and Snowboard Wear

Celebrating 30 years in business!

SNOWCREST SKI CENTER
13352 S. Cicero, Crestwood II.
(708) 389-4963

Residence (708) 799.5775



James H. Himmel
Attorney and Counselor At-Law

6500 College Drive (708) 371.3494
Palos Heights, IL 60463 FAX: (708) 371.6392

BANKERS
LIFE AND CASUALTY COMPANY

Vida Buklow t 708.598.4170
Insurance Agent e 708.308.2613
f 708.598.4172

vida.burklow@bankers.com
10125 South Roberts Road, Suite 200
Palos Hills, IL 60465
www.bankers.com

Life ♦ Medicare Supplement ♦ Annuities

SOCIAL DIRECTOR...PAM BREMER

Dear fellow nomads,
 Thank you again for your wonderful support at Ski-a-Rama. We presented the nomad spirit to the fullest in presence as well as charity to the raffles. The event was a total success in my book. Let's keep it going for the anniversary dance coming up October 15th.
 Have a save and fun labor day weekend.

Pam B.

Volleyball at Shirleys'



TASTEFULLY
SIMPLE[®]

est. 1995

DEBBIE
DURKOVIC

Independent Consultant
ID #0099271
Cell 708.508.0792

debdukc@gmail.com
tastefullysimple.com/web/ddurkovic
 Simplified Lifestyles Through
 Convenient & Unique Gourmet Foods

The food you love,
the time you deserve.





Viking

SKI SHOP, INC.

www.vikingskishop.com

3422 West Fullerton Avenue
Chicago | 773-276-1222

131 West Northwest Highway
Barrington | 847-381-1188

SOMETHING TO THINK ABOUT...*LEE MARCHESCHI*

He's Back!!

SKI - A - RAMA for 2011 is now history and it's the start of the ski season for the Nomads. If you like most of us you really haven't really given much thought to skiing during the summer months especially about keeping in shape for skiing.

ONE OF THE THINGS I do (*and I'm pretty good at doing it on a regular basis*) is I walk 2-1/2 to 3 miles a day, five days a week (*I don't do weekends*). It only takes about an hour. It may not be a lot, but I have noticed that it gives me a little more leg strength and stamina.

THERE ARE A LOT of things I can do to help me in the up coming ski season and I'll start on them soon. Till then I'll just keep walking.

*When the Power of Love overcomes
Love of Power the World will know Peace.*

ED'S EDITORIAL...*ED MITCHELL*



SKI - A - RAMA IS COME AND GONE. It is Sunday night after ski - A - Rama and I am happy to announce that the **Big Sky trip has 26 members signed up. Crested Butte sadly has one sign up, so we will have to take that trip and give it to Moraine Valley and everybody who is a Nomad member and wants to sign up will work with Mike Wade directly.** This trip will count as a nomad trip for those who like to vote. Mike and I have been coordinating the trip and the price for sign up right now is the same after September 1st. See Mike, call Mike, otherwise be left behind from the Christmas/New Years break ski trip to Crested Butte.

Steamboat Springs, Colorado CMSC Chicago week 2012. Herb has signed up five Nomads, not including himself, so it will be six to ski and enjoying the Chicago Ski Week 2012 in Steamboat Springs Colorado. A change I mentioned at the meeting. Air can be had from Midway to Denver vs. Chicago O'Hare to Hayden which will save you \$180 in cost and because Frontier Airlines allows two bags for free, another saving. Save another hundred dollars each way for no baggage. Thank You Susan Finis, our CMSC Trip Leader for arranging the trip. The Midway to Denver flight will allow us to join other ski clubs traveling from Denver to Steamboat Springs via motor coach. This is approximately a five-hour ride and as we all know a bus ride with skiers can be an adventure itself.

I would like to thank Mike Wade for stepping in to take sign-ups for Crested Butte for the Nomads Ski Club. Mike O'Rourke, I like to thank you for stepping up to be trip leader for Big Sky. You have your hands full but this should be a great trip so it is as easy as you have done this before. Herb Lhotka, thank you for stepping up to be a first-time trip leader for Steamboat Springs CMSC Chicago Week 2012. Thank you, Pam B. for coordinating and hosting Ski - A - Rama.

Thank you Nomad members for signing up for the trips.

Enjoy...*Ed M.*

**Your fellow Nomads are always up for new social ideas! Just contact Cindy, cindyf510@gmail.com, if you'd like to organize a social event, dinner, or other outing with the club.
Let us know the when and where and we'll take it from there!**

FAMILY SKI TRIP...*Rich Clausius*

Breckenridge, Colorado ~ January 12-17, 2012
Sign Up Now!

If you are thinking about going to Breckenridge, Colorado for the 7th Annual Nomad Family Trip on January 12–17, 2012, now's the time to sign up. For this trip we will be staying slope side and near Main Street in two-bedroom condos at Sawmill Creek in Breckenridge. This will give us easy access to the mountain (ski in/walk out) and to many local shops and restaurants. All and all this will be another great trip and it's open to not only Families but to all Nomads and includes:

- Airfare/Flights + 2 bags included to/from Denver, Colorado & bus to/from Breckenridge.
- 2 Bedroom/2 Bath ski in/walk out Condos at the Sawmill Creek Condos (off of 4 O'clock Run)
- Free lodging for Children if they sleep on a sleeper sofa, (and depending on the arrangements we may do the same for Teens).
- Several Condos have been set aside for Adults only (no Children or Teens).
- Four day Lift Ticket good for Breckenridge, Keystone, Arapahoe Basin of which 2 days can be used at Vail/Beaver (transportation not included).
- Parties/Events: Pre-Trip Pizza Party, Club Lunch or Dinner, Club Race, and more.
- All participants must be Nomad Members including Children & Teens.

Children & Teens must be related to Parents, Uncles, etc. on the Trip, (no children friends).

Breckenridge's pricing for Children & Teens will vary depending on bedding/sleeping arrangements, and will be: \$930 for Adults, \$610 and up for Teens, and \$485 and up for Children (age 5-12). See me for more details or call me at home at 708-429-3286 if you have any questions.

Rich Clausius



If you have changed your **phone/cell number or e-mail address**, please contact Heather Seger, Membership Director. If we want the club directory to be correct, we need your updated information. **Thank You!**

Monthly Get Togethers

Look to the **Nomad Website** and the **Nomad Facebook page for information.**

Sign up on the Nomad facebook page to get the latest information.



MIDWESTS TRIPS...*MIKE HABSCHMIDT*

Hi everyone!

Mike Habschmidt here, to thank you all for coming out, signing up for the trips, and joining us at the Ski-O-Rama! Thanks for all your help and support so far!

Here's the latest updates for our upcoming trips:

From **December 9th through the 11th, we will be visiting Marquette, MI**, and staying at the Holiday Inn. They have a great night life downtown! And, as an added bonus, the Ojibwa Casino is nearby with a shuttle service, too, so you can test your luck and gambling skills, and all for the conveniently low price of \$295!

Join us on **Valentine's Day Weekend (February 10th through the 12th) at Shanty Creek, MI**, after being away for so very long! We'll be staying at the resort, with two hills to ski on, and we can just ski in and ski out! There will be a gourmet dinner and a breakfast buffet with an Omelet Station! All this for \$300 per person!

Then, finally, **February 24th through the 26th, we'll be at Granite Peak, WI**, with over 70 ski runs, 700 feet of vertical, and even skiing through the trees! We haven't been here for a long time, so join us! The Best Western will be our hotel, where we will be served a Prime Rib dinner, and they have a giant pool and a hot tub! And, as an added bonus, will be staying only two miles from the ski hills! I'm currently working to reserve a shuttle to go the North Star Casino. This will only cost \$295!

Thank you so much, and I can't wait to see you all!

Michael Habschmidt

UPCOMING CMSC EVENTS...*LUCY LANZ*



DO YOU LOVE TO GOLF? Do you enjoy the adventure of trying a new golf course? Do you enjoy meeting golfers from other ski clubs? Then here's the perfect CMSC outing for you! **THE 2011 CMSC GOLF OUTING, SEPTEMBER 23-25, at Devil's Head Resort, Merrimac, Wisconsin. THIS IS YOUR LAST CHANCE TO SIGN-UP FOR THIS FUN EVENT!!** 36 holes of **UNLIMITED** Golf Saturday & Sunday (cart included), 2 nights lodging (Fri. & Sat.), 2 dinners, 2 breakfasts (order off the menu for meals), Prime rib, Lobster, etc., need additional \$10.00. \$255.00 per person (based on double occupancy). Friday 18 holes will cost additional \$35. Unlimited Friday Golf is \$45. Contact Denise Genge with questions, genge@sbcbglobal.net, 7623 Sussex Creek Dr. #410, Darien, IL, 60561. Make all checks payable to CMSC. Specify golf partners or roommate. Include e-mail address with payment. **Devil's Head is going thru renovations. We will be staying in the renovated area.** (FYI, there are 2 – 18 hole golf courses at Devil's Head.)

OCT.1 – 2,(Sat & Sun) NORGE SKI CLUB IS HOSTING THE US NATIONAL SKI CHAMPIONSHIPS.

This is one of the most prestigious tournaments in the nation. Nordic-combined Olympic athletes from the Vancouver games and Olympic hopefuls will be participating, as well as US ski jumping Olympians. Approximately 70 jumpers. Price \$15.00 at the gate, \$10.00 from local stores, and a \$5.00 button (good for both days) for member clubs of CMSC. Also, a Roller Ski race will take place on Saturday at 4 p.m. Go to www.norgeskiclub.com for more information.

As you plan your upcoming ski season, please consider the following three CMSC trips:

The CMSC European trip will be going to Madonna de Campiglio, a ski area in the Dolomite Mountains of Northern Italy, January 21 – 29, 2012.

Base price: \$2019, includes round trip air, ground transfers, 7 nights lodging, daily buffet breakfast and dinner. Three night extension – Venice, Italy – price \$599, includes 3 nights lodging, daily breakfast, ground transfers. Single supplement is available. Join my sister and me on this European adventure!

August 7, Two Rivers Bike



CMSC Picnic/Norge Ski Club



Happy Hour Friday 26 Bourbon Street



For Your Health & Safety

KNEE INJURIES are a fact of life in any sport, but over the past 30-35 years serious knee sprains, usually involving the anterior cruciate ligament (ACL), have become an inherent risk of modern Alpine skiing, with more than 20,000 sustained each year by skiers in the U. S. alone. The ACL, located near the center of the knee, helps to maintain proper alignment of the load-bearing surfaces. Injury to the ACL can result in an unstable knee, which may lead to expensive surgery or a lengthy period of rehabilitation if the injured skier is to resume an active lifestyle

Events leading up to ACL injury are subtle, giving the skier little or no warning of impending injury. ACL Awareness programs provide three independent strategies for dealing with this lack of warning:

- Avoid altogether high risk behavior
- Routinely correct poor skiing technique
- Recognize and respond quickly and effectively to potentially dangerous situations

AVOIDING HIGH RISK BEHAVIOR

Many injuries might be prevented by learning a few simple rules and avoiding altogether certain types of high risk behavior.

Don't (fully) straighten your legs when you fall. If your ultimate intent is to bail out by means of a controlled fall, knees should remain flexed until you have stopped sliding. Although you should routinely correct your stance whenever your hips fall below your knees, attempting to straighten your legs as part of an initial response to the full-blown threat of an ACL injury puts the already vulnerable downhill knee at even greater risk. Return to a normal skiing stance only as part of a maneuver to recover balance and control after you have addressed other elements of the profile.

Don't try to get up until you've stopped sliding. Unless you are trying to avoid an obstacle or another skier, when you're down--stay down.

Don't land on your hand. Keep your arms up and forward in any kind of fall. Pushing off or breaking your fall with your uphill arm greatly increases the chance of injury. Whether you're trying to get up or sit down, if your skis are still moving, you're at risk.

Submitted by Bob and Jan Demaat

OVER THE PAST WEEK I'VE LEARNED:

- You can lose weight by paying for groceries with cash; turns out, you're more likely to buy unhealthy foods if you pay with a credit card.
- Taking a vitamin D supplement fortifies your muscles, making them less prone to injury.
- Flirting at work is a hidden sign that your job isn't right for you.
- Google is making us forgetful, because we're less likely to try to remember information that we know is readily accessible.



SPECIAL EVENTS...CINDY FLOWERS

Its Bear Season!!!



Be on the lookout for where the Nomads will be watching the games!

We will be posting events on Facebook as well as the newsletter. If you need help accessing Facebook, let me know. I'll be glad to get more Nomads using this easy way to communicate!

September 4 – Frankfort Fest Bike Ride. Lets meet at the northeast corner of the Target Store parking lot, just west of Cicero Avenue and about 1/2 mile south of U.S. 30 There is a kiosk with trail information, railroad artifacts and maps at this point. At the fest, there is a bike corral to keep your bike safe while touring the vendors at the fest.

Monday, September 5 - Volleyball at Shirley, Miller Beach! We will meet again on at 12:00 noon! The sun was pretty much covered by clouds, the wind whipped at our hair and sometimes tossed sand in our faces; the waves were as big as the east coast. The competition was fierce! The beer was great as was the company. Volleyball at Shirleys was a huge success. Thank you Shirley for allowing the Nomads to enjoy your home and your glorious beach volleyball. Thank you Heather for rounding up the teams!

September 11 Bike Ride/Bears Game We rescheduled the rained out Yankee woods to Plush horse ride for at 9:30. Meet at Yankee woods to ride to Plush Horse. The Bears play at noon, so we are planning on stopping at Olivers to watch the game after the ride.

September 17 – Fall Picnic at Yankee Woods. – Joe Hayes has stepped up to be our “grillmaster”, thank you Joe, and Ray and Judy Offemaria will be loading up the grill and bringing it to Yankee woods for us to cook on. Brings us to – needing cooks. We had a suggestion that we ask people to volunteer an hour of their time to do some of the grilling. This is a great way to help out and make the picnic a success. Everyone needs to pitch in; it's YOUR club too! Everyone that attends, please do bring a dish to share, its fun to have a variety of food to picnic! Tampier woods vs Yankee woods – I reserve the parks in January, so I need to know what the Nomad members would like to do for next year, as far as where to hold the picnics. Should they both be at Tampier, or should we split them up and have one at Yankee, and one at Tampier like this year.

September 30th Happy Hour –at – Krapil's Steakhouse which is located at 6600 W. 111th Street in Worth, IL. ... west of Ridgeland Avenue on the North side of the street (just east of the I-294 overpass). ...

October 8 – Michigan Wine Ride with Mike Whicher, Heather Seger and Amy Jackson

October 9 – Scarecrow Fest Ride with no committed riders as of yet. Leader anyone?

Sunday, October 23 – (tentative) Steve Young is rounding up golfers for a Golf and/or Bears party at Palos Country Club (131st and Southwest Hwy) The Bears play Tampa Bay and we can all meet at Murphys for the game. Murphys is the name of the bar at Palos CC.

Nomad Input Please – Is there any interest? I know everyone is saving up for all of the wonderful ski trips we have planned, but, while searching for a replacement for our usual and quite worn-out hayride, I have found a mystery mansion, and mystery train ride that sounds fun. The mansion is in St. Charles on 8 acres and includes dinner and the mystery fun with a cash bar for \$70.00. If there is enough interest, this would be scheduled for early November. I considered the train ride for New Years Eve, which includes the usual New Years Eve frills, of dinner, drinks, balloon drop, etc AND the mystery train ride to Milwaukee and overnight accommodations as well as the ride back to Chicago the following day. This trip is \$300.00.

*Nomads, let me know what you'd like to do! If you have a great idea instead of the hayride, let me know!
Thank You!*

SKI-A-RAMA



Finally... and the winners are...



CLUB INFORMATION

Nomad Newsletter: If you have not received your newsletter, contact the Membership Director, Heather Seger or the Editor, Janet Kruzel.

Membership Dues: Payable after June 1, 2011. Current membership is required to be eligible for any ski trip. Sign up with the Membership Director at any meeting. Single: (new) \$30 (renewal) \$25, Married Couples: (new) \$40 (renewal) \$35.

Social Meeting: 1st Wednesday of every month at Mitch's: 13815 S. Cicero, Crestwood, IL @ 8p.m.

General Meeting: 3rd Thursday of every month at Gaelic Park: 6119 W. 147th St. (between Central & Ridgeland), Oak Forest, IL @ 8 p.m.

Board Meeting: 2nd Thursday of every month, 7 p.m., location to be announced.

ALL MEMBERS ARE WELCOME

Unsolicited articles and announcements are welcome.

Email to the Editor: jlskrock@sbcglobal.net

Deadline is the Friday after the General Meeting

Club website: www.chicagonomads.com

Trip Sign-ups: In person at any meeting

TRIP CANCELLATION POLICY

Trip Cancellations: The Nomad Ski Club through its Board of Directors reserves the right to cancel trips, payments will be refunded. If trips are canceled due to circumstances beyond the control of the Nomad Ski Club, payments less expenses caused by the cancellation will be refunded.

Non-Refundable Deposits: Members reserve a seat on a trip by making a non-refundable trip deposit. Non-refundable trip deposits are 10% of the trip price for Western & European trips and \$35 for Midwest trips.

Member Cancellations: Members who cancel their seat on a trip will forfeit the non-refundable trip deposit plus any fees or losses incurred on their behalf. If cancellation occurs after the predetermined closing date (the date the last payment is due on the trip), the full price of the trip may be charged. A cancellation form must be submitted to the Trip Leader within 30 days after the trip departs for refund consideration.

Trip Waiting List: A completely full trip means all seats are filled on the bus scheduled for a Midwest trip or the minimum number of seats are filled on a Western or European trip. A member that cancels off a trip may be replaced on that trip from a waiting list, but the trip must be completely full. Canceling members that are replaced on a trip from a waiting list forfeit the non-refundable deposit plus any additional expenses incurred due to the cancellation. The excess will be refunded.

Contact your Trip Leader if you have any questions.

BOARD MEMBERS

2011 ~ 2012

Pamela Castellanos

President

(773) 733-1871

pamela.hollander1@gmail.com

Edward Mitchell

Vice President

(312) 287-0503

edwardm@aspnco.com

Fran Salvatori

Secretary

(312) 502-6837

fastoys@aol.com

Pat Monahan

Treasurer

(773) 445-6293

treasurer@chicagonomads.com

Mike Habschmidt

Midwest Trip Director

(773) 315-3484

habby555@aol.com

Cindy Flowers

Special Events Director

(708) 712-3651

cindyf510@gmail.com

Pam Bremer

Social Director

(708) 448-4954

pamccdoc@att.net

Heather Seger

Membership Director

(708) 439-6258

ski2bhigh23@gmail.com

Janet Kruzel

Editor / Webmaster

(708) 856-4273

jlskrock@sbcglobal.net

NON-ELECTED POSITIONS

Debbie Durkovic

Nomad Racing Chairperson

Phil Lorenzi

CMSMC Racing Chairperson

Ruth Sulda and Lucy Lanz

CMSMC Representative

Upcoming Events

 October 8 & 9 ~ Bike Rides

 October 15 ~ Nomad 50th Anniversary Dance

 October 23 ~ Golf w/ Steve

 December 9 ~ Marquette

 January 3 ~ Crested Butt

September 2011

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 Bike Ride	5 Volleyball	6	7 Social	8 Board	9	10
11 Bike Ride Bears Game	12	13	14	15 General	16	17 Picnic
18	19	20	21	22	23	24
24	26	27	28	29	30 Happy Hour	