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CHICAGO NOMADS

Ski Club Newsletter



MADAME PREZ SEZ...*Pamela Castellanos*



“What’s in a name?” Our club has an official, registered corporate name, which is **The Nomad Ski Club of Chicago, Inc.** That’s what it says in the by-laws, and it has been the name of our ski club for nearly fifty years. However, our website and newsletter refer to us as the **Chicago Nomads**, and much of our correspondence simply uses **Nomad Ski Club** to define us. Casually, we call ourselves the **Nomads**.

So why is this important at this moment? At a time when many ski clubs are working at becoming year ‘round skiing, bicycling, camping, travelling, social clubs, some have for the purpose of advertising and promoting, expanded their names to better represent broadened activities. Words like “snowboarding,” bicycling,” and “travel,” for example, have slipped into promotional pieces, not just as descriptors, but in club names. These added words do not necessarily alter the corporate name; however, they may show up in flyers, press releases, and websites. At a time when virtually all activity clubs are working hard to recruit and maintain membership, we want to let skiers and non-skiers alike know that we are “more than just a ski club.”

As *Jerry Seinfeld* would say, “Not that there’s anything wrong with that,” but skiing alone may be insufficient to keep even our current membership fully engaged. The Nomads have active members who no longer ski, but regularly show up for club events and meetings. Others are more participatory in summer activities than in winter. Their involvement with the club is important, and their contributions as members greatly appreciated.

Is skiing our club’s primary activity? Absolutely! It is why the Nomads organized to begin with and it is central to our purpose. The question is, should our advertised name stay the same, expand to **“Nomad Ski, Snowboard, and Social Club”**, or something else? Does an alteration, in your opinion, detract from or broaden the perception of those unfamiliar with the range of options the club might offer? Is this name or another a useful strategy to grow our presence and membership in the ski club world? Please give your Board feedback about this proposed change, and let the discussion begin!



You Say it’s Your Birthday, **HAPPY BIRTHDAY** to YOU!!

| | | |
|---------------------|--------------------|---------------------|
| 5 Mary Ann Harper | 14 Jennifer Orozco | 22 Carol Ebert |
| 6 Richard Rosequist | 16 Karen Chalker | 22 Gordon Reichert |
| 8 Michelle Oldanie | 17 Phyllis Hansen | 23 Leonard Feiner |
| 10 Tim Navin | 17 Patrick Pinner | 28 Sharon Erffmeyer |
| 14 Stefan Frusa | 21 Mike Whicher | 29 Janet Kruzal |

Letter from the Editor,

Hi all, Fall is upon us, the leaves are turning, the air is crisp, ski season is coming soon.

Looking forward to bonfires, hayrides and pumpkin carving! Kids running around in costume, witches riding around on brooms and ghosts hiding behind trees!

Hope to see everyone at the 50th Anniversary Dinner Dance Celebration! 50 Years!! Pretty cool! I have to say I am happy to be a part of this great club.

I might not ski as much as I use to, but there is so much more to this club than skiing. I know it is primarily a ski club, but I like to think of it as a social club as well. Most times I don't have much to do unless it involves this club, it has become a big part of my life. Who knew? Not me, but I have loved being in it since I first joined in 2003.

Okay enough, I know I tend to ramble. So here is to a great Fall season, and sore feet from dancing too much on the 15th!! YEAH!

Janet K.



NOMAD 50TH ANNIVERSARY INFORMATION

Saturday, October 15
NOMADS 50TH
 Anniversary Celebration!!



at Chateau Del Mar
Contact Ruth Sulda for ticket purchase.
 It's not to late to be a part of the festivities!!



9-11 Bike Ride



Happy Hour, Ladies Only!!

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MEMBERSHIP...HEATHER SEGER

IT'S THE END OF SEPTEMBER AND WE ARE CURRENTLY UP TO 162 MEMBERS.

Anyone who signs up in the month of October I will buy a drink for at this month's Happy Hour: Deja Brew Bar and Grill, 5219 W. 95th Street Oak Lawn, 708-423-0484, 4:00pm to ???

As your Membership Director I am recruiting new members. However, when new perspective members come to a meeting or social event I need volunteers to be on my membership committee to meet and greet the new person.

Also, I am setting up Nomad Ski Club booths in various places. I need a few more volunteers to introduce what our club is about and to give information regarding our upcoming ski trips.

Please contact me @708-439-6258 if you would like to volunteer.

ED'S EDITORIAL...ED MITCHELL



Ski Trip sign ups are well underway and Big Sky has sold out of all the reserved air. Mike O'Rourke has signed up well over the 25 Nomads for the airline seats I originally reserved and has worked diligently to secure more. The air for our direct flight sold quickly and for those who did not sign up at Ski - A - Rama it has been a serious effort on Mike's part to get everyone on that flight. From this point forward, Mike can take your sign up for Big Sky but the price is subject to change due to the air. In most cases, he can give you the ground package rate and you secure your own air and ground transportation to Huntley Lodge. See or contact Mike for more details. This will be a great trip so don't miss out.

Herb and the CMSC Chicago Week 2012 at Steamboat. Herb has almost ten people signed up and because of the low numbers, we have given up the DIRECT flight to Hayden (about 40 minutes from Steamboat). Our flight will now be from Midway to Denver with ground transportation Denver to Steamboat. This is actually a good thing as it will save you over \$150 and we will team up with other clubs on the coach ride so we can meet old and new friends. I thank Susan Finis the CMSC Trip Leader for Chicago Week for attending our last meeting. I could not make it as I was assisting in a charity event raising money for Fischer House (www.fisherhouse.org) in the far western suburbs. The Nomads will be staying at The Lodge at Steamboat where we have stayed before. This lodging facility is a short 15 minute or a quick 10 minute walk to the Gondola and a great location for getting around the area. Additionally, The Lodge has multiple outdoor Hot Tubs and an outdoor pool. Some of the other lodging facilities CMSC is using do not have these amenities or such a great location so I would think this a great trip and location for the Nomads. See Herb and sign up now. After the October General Meeting, I will have to release the balance of the air and lodging reservations the Nomads hold. At last count, CMSC Chicago Week will have almost 350 hundred skiers from the area with the Thunderbirds from Detroit sending more than 100 members this season. To top that, the Thunderbird's have 40 people signed up (paid deposits) for CMSC Chicago Week Aspen 2013. Now they can plan. See Herb soon.

Nomads Crested Butte, Colorado. Sadly, as I reported last month, there was only one person who signed up (other than myself & Sharon) for this trip. After the Social, I had to cancel the Nomad participation in this trip and am asking anyone who wants to go on this trip to see Mike Wade. Mike and I have been working together with this trip destination and dates since early January this year. We tried to coordinate the trip to include those who are either related to the education systems or have students who can only attend trips when school is out. Contact Mike Wade wade@morainevalley.edu for the trip to Crested Butte Colorado.

Nomad Family Trip is going strong and you need to see Rich Clausius for more information.

Thank you for signing up and remember to protect yourself & trip with Travel Guard Insurance.

http://www.travelguard.com/agentlink.asp?ta_arc=148957&pcode=SVPP&agencyemail=edwardm@aspnco.com

Enjoy...

Your fellow Nomads are always up for new social ideas! Just contact Cindy, cindyf510@gmail.com, if you'd like to organize a social event, dinner, or other outing with the club. Let us know the when and where and we'll take it from there!



FAMILY SKI TRIP...*Rich Clausius*

Sign Up Now 7 spots left!


If you are thinking about going to Breckenridge, Colorado for the 7th Annual Nomad Family Trip on January 12–17, 2012, now's the time to sign up. We are getting close to last call for sign ups! This will be another great trip and it's open to all Nomads and includes:

- Airfare/Flights + 2 bags fly free to/from Denver, Colorado and bus to/from Breckenridge
- 2 Bedroom/2 Bath ski in/walk out Condos at the Sawmill Creek Condos (off of 4 O'clock Run) and near Main Street shops & restaurants
- Free lodging for Children if they sleep on a sleeper sofa (and Teens)
- Four day Lift Ticket good for Breckenridge, Keystone, Arapahoe Basin of which two days can be used at Vail/Beaver Creek (transportation not included).
- Parties/Events: Pre-Trip Pizza Party, Club Lunch or Dinner, Club Race, and more
- All participants must be Nomad Members including Children & Teens

Children & Teens must be related to Parents, Uncles, etc. on the Trip, (no children friends)

Breckenridge's pricing for Children & Teens will vary depending on bedding/sleeping arrangements, and will be: \$930 for Adults, \$610 and up for Teens, and \$485 and up for Children (age 5-12). See me for more details or call me at home at 708-429-3286 if you have any questions. Thanks,

Rich Clausius



If you have changed your **phone/cell number or e-mail address**, please contact Heather Seger, Membership Director. If we want the club directory to be correct, we need your updated information. **Thank You!**

Monthly Get Togethers
 Look to the **Nomad Website** and the **Nomad Facebook page for information.**
 Sign up on the Nomad facebook page to get the latest information.



UPCOMING CMSC EVENTS...*RUTH SULDA*



OCT.1 – 2,(Sat & Sun) NORGE SKI CLUB IS HOSTING THE US NATIONAL SKI CHAMPIONSHIPS.
 This is one of the most prestigious tournaments in the nation. Nordic-combined Olympic athletes from the Vancouver games and Olympic hopefuls will be participating, as well as US ski jumping Olympians. Approximately 70 jumpers. Price \$15.00 at the gate, \$10,00 from local stores, and a \$5.00 button (good for both days) for member clubs of CMSC. Also, a Roller Ski race will take place on Saturday at 4 p.m. Go to www.norgeskiclub.com for more information.

As you plan your upcoming ski season, please consider the following three CMSC trips:
The CMSC European trip will be going to Madonna de Campiglio, a ski area in the Dolomite Mountains of Northern Italy, January 21 – 29, 2012.
 Base price: \$2019, includes round trip air, ground transfers, 7 nights lodging, daily buffet breakfast and dinner. Three night extension – Venice, Italy – price \$599, includes 3 nights lodging, daily breakfast, ground transfers. Single supplement is available. Join my sister and me on this European adventure!

MIDWESTS TRIPS...MIKE HABSCHMIDT



Want to start your Winter season with the exhilaration of skiing? Are you new to the whole experience, but want to learn a new hobby? Are you stuck on the bunny slopes, but want to try something more exciting? Then join the Chicago Nomads this December for our trip to Marquette, Michigan!

From December 9th through 11th we will be staying at the Marquette Holiday Inn, and skiing at the Marquette Mountain Ski Area! You can join us at the top of the mountain for a beautiful view of Lake Superior, and spend your night in downtown Marquette, where they have a great night life! And, as an added bonus, the Ojibwa Casino is nearby with a nightly shuttle service, where you can test your luck and your gambling skills!

The hotel has a lovely swimming pool and a very nice hot tub, where we will be holding a Wine & Cheese party Saturday afternoon.

If you're new to skiing, we have experienced skiers to work with you to help get you off the bunny slopes, onto the ski lift, and on your first runs down the beautiful mountain slopes.

All this fun for the conveniently low price of \$295! The price includes ski lift tickets, a deluxe bus ride to and from the resort and your room.

Our luxury coach bus will leave that Friday at the Standard Bank Thunderbolts Stadium at 14011 Kenton, Crestwood. You should arrive there at 1:00pm, and the bus will leave at 2:00pm.

So, contact Mike Radice at (708) 310-5508 or Mike Habschmidt at (773) 315-3484 (or habby555@aol.com) for more details! You can also visit our website at www.ChicagoNomads.com!

Hope to see you on the slopes!



Looking for something fun & romantic to do on Valentine's Day Weekend? Something breathtaking and exciting? Then join the Chicago Nomads on February 10th through the 12th for a weekend of skiing on the slopes of the Shanty Creek Resorts near beautiful Traverse City, Michigan!

You will stay at a hotel right there at the resort, which offers two hills to ski on, and, best part is, you can practically ski in and out of your hotel room! There will be a gourmet dinner served that Saturday night, alongside a great nightlife and romantic dancing. Both mornings there will be a delicious breakfast buffet at the hotel, with their very own Omelette Station! And then, that Saturday afternoon, we will have a lovely Wine & Cheese party at the hotel's hot tub, perfect for sharing with your friends and relaxing with a cold one, and getting to know your new ski buddies!

And what's the price for such an extravagant, fun-filled, romantic weekend?

Only \$300.

That's right, only \$300, which will include the deluxe bus ride, your room, one dinner, two breakfasts, ski lift tickets, and the wine and cheese party!

Our luxury coach bus will leave that Friday at the Standard Bank Thunderbolts Stadium at 14011 Kenton, Crestwood. You should arrive there at 1:00pm, and the bus will leave at 2:00pm.

So, contact Mike Whicher at (708) 655-5656 (or wromeo0048@aol.com) or Mike Habschmidt at (773) 315-3484 (or habby555@aol.com) for more details! You can also visit our website at www.ChicagoNomads.com!

Hope to see you on the slopes!



Has your winter been bleak, boring, or otherwise tedious? Looking for some fun to wrap up the winter months with a blast? Do you want some fun, exhilarating, end-of-the-season excitement? Then join the Chicago Nomads at the Granite Peak State Park Ski Resort! It's our last trip of the year, and we want you to come along!

February 24th through the 26th we will be visiting the beautiful slopes of Granite Peak, Wisconsin, where they have over 70 – *that's right, 70!* – ski runs, with over 700 feet of vertical, and even the excitement and danger of skiing through the trees!

We will be staying at the Best Western nearby, the closest hotel to the ski areas, and while we're there, we will be served a tantalizing Prime Rib dinner! They have a giant pool to relax in between ski runs, and a hot tub where we will be enjoying a Wine & Cheese party Saturday afternoon.

The North Star Casino is nearby, and we're currently working to reserve a shuttle there Saturday night, for a little extra fun and excitement for the weekend.

And the price for such danger and excitement?

\$295. That's all. And that includes the deluxe bus ride, your room, a Prime Rib dinner, two breakfasts, ski lift tickets for the weekend, and memories that will leave your heart racing!

Our luxury coach bus will leave that Friday at the Standard Bank Thunderbolts Stadium at 14011 Kenton, Crestwood. You should arrive there at 1:00pm, and the bus will leave at 2:00pm.

So, contact Steve Young at (312) 617-1674 (or stevey008

@aol.com) or Mike Habschmidt at (773) 315-3484 (or habby555@aol.com) for more details! You can also visit our website at www.ChicagoNomads.com!

Hope to see you on the slopes!

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 - Windy City Sports Reader survey
 "Top Boot Fitters in the Nation" - Insider Ski Letter

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STAY HEALTHY, WASTE NOT

An estimated 40% of the food grown and produced in the U.S. ends up getting tossed. Here are tips (from the author of *American Wasteland: How America Throws Away Nearly Half of Its Food*) on keeping groceries out of the garbage - and saving a few bucks at the supermarket while you're at it.

- 1. Avoid impulse buys.** They often add up to a bunch of wilted greens in your veggie drawer or moldy bagels in your pantry. Each week, plan your family's meals; then make a detailed shopping list and stick to it.
- 2. Stay organized.** Keeping your kitchen in order may prevent items from hiding out in the back of the fridge or cupboard. Always check your inventory before heading to the store; no one needs two mostly full jars of capers or curry paste.
- 3. Remember: Less is more.** Don't serve restaurant-size portions to friends and family, forcing them to either overeat or scrape the remnants into the trash. Encourage diners to go for seconds if they're still hungry.
- 4. Sneak in produce.** If yours is heading south before you've had a chance to use it, take a page from parenting experts: Puree vegetables to put in sauces or soups, and blend overripe fruit into smoothies or yogurt.
- 5. Trust your senses.** Expiration dates refer to taste and texture, not whether the food's safe to consume. If you're not sure you've tasted sour milk... you haven't.

Submitted by: *Patty Corey-Pfau*

TEN TIPS FOR SKIING IN FLAT LIGHT

Don't let whiteout situations ruin your day.

Here's how to get down the hill safely and have a little fun in the soup while you're at it.

- 1. USE YOUR EYEBALLS** -See everything. Any kind of definition and contrast you can detect will allow your brain to piece together the terrain in front of you.
- 2. BE A BOWLING BALL** -Lowering your stance a bit will drop your center of gravity allowing you to bowl through unseen bumps and keep you from getting bucked out of control.
- 3. FIND A ROPE** -Following a bright orange rope line downhill can literally be a lifeline. It will tell you when the terrain in front of you is changing.
- 4. EYEWARE IS KEY** -A yellow or rose lens will heighten what little definition and contrast there is in front of you. Most goggle manufacturers make a flat-light specific lens.
- 5. BE POLITE** -Don't go first, follow your buddies and let them find the landmines for you.
- 6. SKI BY BRAILLE** -Staying in the front seat by pressuring your boots more with your shins will heighten your feel of the snow under your skis and allow you to react to subtle changes in terrain.
- 7. STAY ON EDGE** -Slowing down and making lots of turns will keep your speed in check and let you feel more of the mountain.
- 8. EXPECT THE WORST** -There are unmarked obstacles out there. Expect a cat track or cliff to appear out of nowhere and be ready to stop on a dime—or throw a front flip.
- 9. TRUST YOUR GEAR** -Your skis are built to go downhill and turn. Have confidence in your ability and your gear and let your skis do their thing.
- 10. WHISTLE WHILE YOU WORK** -Whistling a tune will help you get your mind off the task at hand and boost your confidence. *And for a bonus tip, keep those tips up.*



SPECIAL EVENTS...CINDY FLOWERS

Fall Picnic 2011 REVIEW

Well, the 2011 Nomad fall picnic is all but great memories! I've been hearing that many feel the fall picnic at Yankee woods was the best yet! Why is that I wonder?

Was it the absolutely perfect weather? Or maybe it was grill master Joe Hayes with the best food ever cooked and his many utensils, and trimmings? Was the day perfect because Ray and Judy loaded up the monster grill and delivered it to our site? Of course picnics are for FOOD, certainly everyone bringing such luscious dishes to share with the Nomads made this day the best.

Cold beer always makes a perfect day! And that happened only by Vida's efforts to retrieve the coolers, and lug them to the pavilion filled with ice. AND Harry and Sandy with the 5 cases of water they brought, and also Heather with the cases of pop she hauled in coolers with ice! Lets not forget the marvelous wine Pam C. found at a *special discount!* It sure was noticed!

Nomads LOVE activity!! So, was it Debbie D's egg toss and pretzel-guessing game? Or the beanbag tournament that Vicki M. took upon herself to organize and run? AND ALSO the volleyball net Bruce brought and painstakingly set up? These must have made this day a hit. That must be it!

It was the kids! Kids were most definitely a great addition to this Nomad picnic, and we had quite a few having the time of their lives that wonderful day! (Lots of grandchildren there! Hint, hint)

Preparing for the best picnic ever were Pat M., Vida, Sandy, Harry, Jan and Bob D., the amazing people that helped set up, moving heavy tables, wrapping tables, setting things out, and hauling things from cars for hours.

Fran sure made the day by manning the check in table. Making sure the Nomads stay honest and collecting from non-members and those that did not sign up before the day of the picnic is not an easy task!



Nomad Bears Gathering Places

OCTOBER

| DAY | DATE | OPPONENT | TIME (CT) | RADIOTV/RECAP | Nomad Meeting Place |
|------|------|-----------------------|-----------|---------------|--|
| Sun. | 2 | PANTHERS | 12:00 PM | WBBM FOX | Zante's Lounge 8888 w. 159th St. |
| Mon. | 10 | @ Lions | 7:30 PM | WBBM ESPN | Night Game |
| Sun. | 16 | VIKINGS | 7:20 PM | WBBM NBC | Night Game |
| Sun. | 23 | @ Buccaneers (London) | 12:00 PM | WBBM FOX | Murphy's Pub Palos Country Club \$25.00 open bar, buffet |

NOVEMBER

| DAY | DATE | OPPONENT | TIME (CT) | RADIOTV/RECAP | Nomad Meeting Place |
|------|------|-----------|-----------|---------------|---|
| Mon. | 7 | @ Eagles | 7:30 PM | WBBM ESPN | Night Game |
| Sun. | 13 | LIONS | 12:00 PM | WBBM FOX | 5th Quarter 18105 Dixie Hwy, Homewood |
| Sun. | 20 | CHARGERS | 3:15 PM | WBBM CBS | Jordan's Pub 13500 S. Harlem Ave |
| Sun. | 27 | @ Raiders | 3:05 PM | WBBM FOX | Chicago Blu 199th & LaGrange Rd, Frankfort |



Coming up in November: Comedian Ken Savara

Thanksgiving weekend, Saturday November 26, 8:00 show time.

Papa Joe's Dinner Show Package – Complete dinner, non-alcoholic beverage, comedy show tickets and 2 drinks at *Riddles Comedy Club* (including liquor). \$35.00 per person.

Papa Joes is at 10745 S. Cicero Avenue.

Call Dave Presta for more information 708/389-4532

Fall Picnic...*SUBMITTED BY SANDY LAKE*



CLUB INFORMATION

Nomad Newsletter: If you have not received your newsletter, contact the Membership Director, Heather Seger or the Editor, Janet Kruzel.

Membership Dues: Payable after June 1, 2011. Current membership is required to be eligible for any ski trip. Sign up with the Membership Director at any meeting. Single: (new) \$30 (renewal) \$25, Married Couples: (new) \$40 (renewal) \$35.

Social Meeting: 1st Wednesday of every month at Mitch's: 13815 S. Cicero, Crestwood, IL @ 8p.m.

General Meeting: 3rd Thursday of every month at Gaelic Park: 6119 W. 147th St. (between Central & Ridgeland), Oak Forest, IL @ 8 p.m.

Board Meeting: 2nd Thursday of every month, 7 p.m., location to be announced.

ALL MEMBERS ARE WELCOME

Unsolicited articles and announcements are welcome.

Email to the Editor: jlskrock@sbcglobal.net

Deadline is the Friday after the General Meeting

Club website: www.chicagonomads.com

Trip Sign-ups: In person at any meeting

TRIP CANCELLATION POLICY

Trip Cancellations: The Nomad Ski Club through its Board of Directors reserves the right to cancel trips, payments will be refunded. If trips are canceled due to circumstances beyond the control of the Nomad Ski Club, payments less expenses caused by the cancellation will be refunded.

Non-Refundable Deposits: Members reserve a seat on a trip by making a non-refundable trip deposit. Non-refundable trip deposits are 10% of the trip price for Western & European trips and \$35 for Midwest trips.

Member Cancellations: Members who cancel their seat on a trip will forfeit the non-refundable trip deposit plus any fees or losses incurred on their behalf. If cancellation occurs after the predetermined closing date (the date the last payment is due on the trip), the full price of the trip may be charged. A cancellation form must be submitted to the Trip Leader within 30 days after the trip departs for refund consideration.

Trip Waiting List: A completely full trip means all seats are filled on the bus scheduled for a Midwest trip or the minimum number of seats are filled on a Western or European trip. A member that cancels off a trip may be replaced on that trip from a waiting list, but the trip must be completely full. Canceling members that are replaced on a trip from a waiting list forfeit the non-refundable deposit plus any additional expenses incurred due to the cancellation. The excess will be refunded.

Contact your Trip Leader if you have any questions.

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2011 ~ 2012

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NON-ELECTED POSITIONS

Debbie Durkovic

Nomad Racing Chairperson

Phil Lorenzi

CMSMC Racing Chairperson

Ruth Sulda and Lucy Lanz

CMSMC Representative

Upcoming Events

 November 26 ~ *Riddles Comedy Club*

 December 9 ~ *Marquette*

 January 3 ~ *Crested Butt*

October 2011

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|-----|--------------------|----------------------|------------------|---------------------------------|
| | | | | | | 1 CMSC Ski Champ. |
| 2  | 3 | 4 | 5 <i>Social</i> | 6 | 7 | 8 |
| 9 Bike Ride | 10  | 11 | 12 | 13 <i>Board</i> | 14 | 15 CLUBS 50TH ANNIVERSARY |
| 16  | 17 | 18 | 19 | 20 <i>General</i> | 21 | 22 Bike Ride |
| 23 Golf &  | 24 | 25 | 26 | 27 | 28 Happy Hour | 29 |
| 30 | | | | | | |