



CHICAGO NOMADS Ski Club Newsletter

First Ski Trip of The Season ~ Beginners Trip

Marquette Mountain, MI., December 9 - 11th, 2011

Want to start your Winter Season with the exhilaration of skiing?
Join the Nomads for a trip up north.

Join us at the top of the mountain for a beautiful view of Lake Superior, and spend your night in downtown Marquette. Where they have a great night life!
The Ojibwa Casino is nearby with a nightly shuttle service,
test your luck and your gambling skills!

The Marquette Holiday Inn has a lovely pool and great hot tub,
we will do our Wine & Cheese party Saturday after a day of skiing.

If you're new to skiing, we have experience skiers to work with you to help get you off the bunny slopes, onto the ski lift, and on your first run down the mountain.

Cost, \$295., includes: Luxury coach bus, leaving from Standard Bank Thunderbolts Stadium, Crestwood, Friday, 2 pm sharp, Lift tickets, Bus ride to and from the hotel.

Contact Mike Radice, (708) 310-5508 or Mike Habschmidt, (773) 315-3484
or habby555@aol.com, for more details.
You can also visit our website at chicagonomads.com.

One of the Midwest 's Highest Vertical One of the Most Challenging Ski Areas in MI and WI

Top Elevation	1357 feet
Vertical Rise	600 feet
Slope Length	up to 8400' over 1 1/4 mile
Runs	25
Lifts	2 double chairs 1 triple chair 1 paddle tow
Annual Snowfall	210 + inches
Skiable Acres	169
Terrain	15% circle - Easy 50% square - Moderate 35% diamond - Difficult

MADAME PREZ SEZ...*Pamela Castellanos*



“WE COULD HAVE DANCED ALL NIGHT...” Nearly two-hundred and fifty Chicago Nomads gathered together On October 15th at Chateau Del Mar in Hickory Hills to celebrate the Fiftieth Anniversary of our ski club. It was an amazing evening shared by folks who spanned five decades of skiing and socializing, even though many had not been members at the same time. Acquaintances and friendships were renewed as Nomads found one another, reconnected and shared stories that have become legend throughout the years. It was difficult to call an end to the party at midnight when the fabulous band (Full Circle) began to pack up. A number of people stayed on to view the video of Nomad ski trips across time or continued their conversations at other places.

An event like this one can only be launched for a very special occasion, such as the 50th anniversary. Many volunteers worked diligently for months planning and taking care of details most of us never thought about as we conversed, ate, danced, and celebrated. Special recognition goes to Ruth Sulda for chairing the 50th committee and working relentlessly to get such a great turn-out. Debbie Durkovic was instrumental in tracking down old photos and getting the video completed. We liked it so much that members have been asking if it can be shown again. (Look for the video at the Christmas party.) The names all committee members who made this anniversary party awesome are in the beautiful black and gold program created by our editor and web master Janet Kruzel. Patty Pfau brought in funds by selling ads in the program. In fact, each person made special contributions, and we thank you for your time and talent. So if you enjoyed the event and didn't know who was responsible, here is the complete list. You may want let them know you had a great time when you see them!

Ruth Sulda, Chairperson; Lucy Bayer, Debbie Clausias, Patty Pfau, Bob Solczyk, Scott Bublitz, Fran Salvatori, Janet Kruzel, Debbie Durkovic, Paul Sitzler, Janice Bottger, & Marie Lynch.

WE WILL MISS YOU FELLOW NOMAD MEHLIN SMITH. For those who attended the 50th anniversary party two weeks ago, it may have been the last time you had the opportunity to see our friend Mehlin. We enjoyed singing along with him as he led the Nomad Anthem, which many had not heard in a long time, and new members didn't know at all. It was great fun seeing Mehlin on stage with the band singing the anthem to the tune of the Elvis favorite, *Love Me Tender*. We are shocked and saddened by his sudden passing this past Friday, October 28th. Our sincerest condolences go to his wife and our friend, Carole. *We would like to take a little time during the November meeting to remember long-time member Mehlin Smith. A bag-piper has been invited, and we encourage those of you who would like to share a thought or memory of Mehlin to do so at that time, as we raise a Guinness and say goodbye.*

You Say it's Your Birthday, **HAPPY BIRTHDAY** to YOU!!

1	Cindy Vondrasek	11	Dale Klann	21	Gerard Curran
3	John Chesta	11	Bernie Rutter	21	Carol Rajk
5	Bruce Bottger	14	Mary Lou Farneti	22	Tom Long
5	Jack Clarke	17	John Gentry	25	Norman Wehling
5	Jack Horsch	18	Gunther Baumann	27	Don Durkovic
8	Edward Mitchell	18	Kelly McCarthy	27	Alex Orfanos
9	Scott Oldanie	18	Diane Nagel	30	William Kraft
10	Judith Offemaria	20	Michael Habschmidt	30	Jeff Krohn
11	Atilla Donmez			30	Debra Oldanie

Hi All,

This past month sure had its ups and its downs. Such fun was had by all at the 50th Anniversary Celebration, seeing so many old members who haven't been around in a long while, it was great to see everyone and everyone looked so great!! Then to end this month with such sad news, we lost another Nomad, Mehlin Smith. It was great to see him and Carol at the 50th, Mehlin leading us in the Nomad Anthem, great way to go out for a great guy!

Janet K.



DARLING DEB'S DETAILS...

DEBBIE DURKOVIC

Our deepest sympathy to Carole Smith on the death of her husband, Dr. Mehlin Smith. Mehlin is a long-time Nomad who was instrumental in the club's winning many CMSC Margi Gras competitions. He was the builder of the Nomad sled that won a number of slush cup races and he always ranked in the top for his creative Mardi Gras costumes. I'm so happy Mehlin and Carole were able to be at the 50th Anniversary Dance and that Mehlin led us in the singing of the Nomad anthem, which he wrote. Mehlin will surely be missed by all who knew him.

Our belated sympathies to Don Sheldrake and Herb Lhotka who lost their Mothers. Please keep Don and Herb's families in your thoughts and prayers.


Another granddaughter for Vida Burklow!! Abigail arrived on 8-12-11 weighing in at 9 lbs, 8 oz. Congrats to Vida and her daughter, Amber!!

The Nomad's celebrated their 50th Anniversary, in style, on October 15th at the Hickory Hills Country Club. Anyone who didn't have a good time must have been at the wrong place because it was absolutely awesome. How great to see so many former members. I know the band, Full Circle, had a great time also. They love playing for the Nomads because they enjoy having a full dance floor and it was full from the first song to the last.

The ski season is getting close so please make sure you are prepared. Get those workouts in high gear especially if you plan on going out West. You want to make sure you can handle the altitude. I am looking forward to the Beginner's trip. I know Mike R has lots of fun planned for us.

While you are getting ready to ski, think about club racing. You are only racing against yourself and believe me, it is a great way to improve your skiing. And you might just get lucky and win an award at Awards Banquet.

If you have any news on current or former members you'd like to share, please email me at ddurkovic1234@comcast.net. All articles are due by the General Meeting each month.

Cell 708-557-6349

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REGISTERED REPRESENTATIVE
 AMERICAN FAMILY SECURITIES, LLC

*Securities Offered Through American Family Securities, LLC



If you have changed your phone/cell number or e-mail address, please contact Heather Seger, Membership Director. If we want the club directory to be correct, we need your updated information.

Thank You!



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SOCIAL DIRECTOR...PAM BREMER

Dear fellow Nomads,

First, I wish everyone a safe and fun thanksgiving. Second, it is time to start thinking about the chance to give to others less fortunate if you can. The Christmas Party will be after the general meeting on December 15th. I will be collecting for Toys for Tots and the Veterans Home once again. Anything for either one will be greatly appreciated.

Love Pam



Golf and Bears

Sunday, October 23rd
Golfing Outing & Bear 1/2 Time
with Steve

Steve made a trick shot which included a tree and water. He also made the shot of the day with a birdie on the last hole. He sunk a chip shot of the fringe that went right into the hole. It was a great shot.

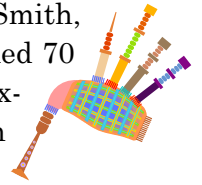
Mike kept fighting the water magnet and Pat was whacking them even with a rough night before. We golfed with some of Steve's friends and had a great time watching the Bears game.

Submitted by *Fran Salvatori*

Memorial for Mehlin Smith

My beloved husband, Mehlin Smith, died on October 28th, 2011. He just turned 70 years old. It was very sudden and unexpected. We had both attended the 50th Anniversary party on Oct. 15th. It was so wonderful to see everyone. I am very glad we made it there. We celebrated our 12th wedding anniversary on October 16th. Per his wishes, his body has been donated to Northern University in Dekalb, Il. The only request he ever expressed to me was to have a piper at his funeral. Therefore, with the approval of the Nomad Board, and because Mehlin never wanted anything fussy, **there will be a remembrance of Mehlin at the Nomads General Meeting on November 17th, 2011. EVERYONE IS WELCOME. I have scheduled Mehlin's long time friend, Tim, to play the bagpipes at the meeting.** He was the gentleman who played at our "Weiner Roast" wedding at Sandy's place. I think Mehlin would approve of this and we can raise a glass to the most wonderful person I have, or ever will meet, in my life. Lets make this not a funeral but a celebration.

Carol Smith



**"Your Out West Ski Shop
in the Midwest"**

"Best Ski Shop in Chicago Suburbs"
"Best Inline Skate Store in Chicago Suburbs"
- Windy City Sports Reader survey
"Top Boot Fitters in the Nation" - Insider Ski Letter

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847-381-1188

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FAMILY SKI TRIP...*Rich Clausius*

Breckenridge, Colorado ~ Jan 12-17, 2012

Last Chance 2 spots left!

If you are thinking about going to Breckenridge, Colorado for the 7th Annual Nomad Family Trip on January 12–17, 2012, now's the time to sign up. This will be another great trip and includes:

- Airfare/Flights + 2 bags fly free to/from Denver, Colorado and bus to/from Breckenridge
- 2 Bedroom/2 Bath ski in/walk out Condos at the Sawmill Creek Condos (off of 4 O'clock Run) and near Main Street shops & restaurants
- Free lodging for Children if they sleep on a sleeper sofa (and Teens)
- Four day Lift Ticket good for Breckenridge, Keystone, Arapahoe Basin of which two days can be used at Vail/Beaver Creek (transportation not included).
- Parties/Events: Pre-Trip Pizza Party, Club Lunch or Dinner, Club Race, and more
- All participants must be Nomad Members including Children & Teens

Children & Teens must be related to Parents, Uncles, etc. on the Trip, (no children friends)

Trip pricing for Children & Teens will vary depending on bedding/sleeping arrangements, and will be: \$930 for Adults, \$610 and up for Teens, and \$485 and up for Children (age 5-12). See me for more details or call me at home at 708-429-3286 if you have any questions. Thanks,

Rich Clausius

Ski Tuning Tip:

Simply...

- Keep your skis tuned.
- You will ski better.
- Your skis will last longer.

When you go into a turn, you want the cleanest edge and base under your feet. You don't need rust, pits, and gouges hampering your descent. Ski season begins will before the first snow, with a trip to your ski shop for a tune up.

Monthly Get Togethers

Look to the **Nomad Website** and the **Nomad Facebook page** for information.

Sign up on the Nomad facebook page to get the latest information.



UPCOMING CMSC EVENTS...*RUTH SULDA*



As you plan your upcoming ski season, please consider the following three CMSC trips:

The CMSC European trip will be going to Madonna de Campiglio, a ski area in the Dolomite Mountains of Northern Italy, January 21 – 29, 2012.

Base price: \$2019, includes round trip air, ground transfers, 7 nights lodging, daily buffet breakfast and dinner. Three night extension – Venice, Italy – price \$599, includes 3 nights lodging, daily breakfast, ground transfers. Single supplement is available. Join my sister and me on this European adventure!

THINGS YOU NEED TO KNOW...

Trip Refund Procedures

If the Club cancels a trip, the Treasurer will issue refund checks. The refund checks can be picked up at a Social or General mtg. If you decide to cancel off a trip please read and follow the guidelines below.

- You need to get a Trip Cancellation form from your Trip Leader (as soon as you notify your Trip Leader).
- Fill out the form completely, sign and return it to your Trip Leader. The Trip Leader signs the form and forwards it to the Midwest or Western Director.
- All Trip Cancellation forms must be given to the Trip Leader no later than 30 days after a trip has been taken or a refund will not be available.

Your refund request is now Nomad Board business and will be brought to the Board's attention during the director's report or new business at a regular Board Mtg., (2nd Thursday of every month). The Board applies the Trip Cancellation Policy to your refund request and asks the Treasurer to cut a check at the appropriate time. The board won't ask the Treasurer to cut a check if certain conditions have not been met.

- You have not filled out a signed the Trip Cancellation form.
- The Trip Leader has not signed the Trip Cancellation form.
- The Cancellation form was filled out and submitted thirty days after the trip had been taken.

The Board must also responsibly look for any "additional fees" or "expenses" that your cancellation may have incurred. This can cause the request to be tabled until the next Board Mtg. (this information comes from the tour operators, areas, etc.), as the Board can't determine the amount to refund until they have all of the necessary information. The Board attempts to process refund requests in an expedient and responsible manner. As you can see, issuing refund checks is time consuming. Keep in mind that the Board does it's best to make timely and impartial decisions on refunds that are fair to you and the club.

First Time Skiers, all Skiers!! Have fun & Stay Safe!!

- **OBTAIN PROPER EQUIPMENT.** Be sure to have your ski bindings adjusted correctly. You can rent quality ski equipment.
- **DRESS IN LAYERS.** For example, dress in polypropylene underwear (top and bottoms), dries quickly, absorbs sweat and keeps you warm. Wear a turtleneck, sweater and jacket.
- **KNOW YOUR LIMITS,** Learn to ski in control.
- **IF YOU'RE TIRED,** stop skiing, stop before you become fatigued. Injuries usually result from fatigue. Most of all, have fun.

Here is our list of recommended items for you to bring skiing in order to guarantee a fun first day on the slopes.

- **Hat,** if your head is warm, the rest of you is likely to stay warm.
- Waterproof **gloves/mittens,** mittens are warmest.
- **Goggles/sunglasses,** goggles are strongly recommended
- **Jacket/parka** (water resistant)
- Synthetic or wool based **layers** for top & bottom, you can always shed layers. Synthetic materials help to wick moisture away from your skin. Once again, do not wear cotton as a base layer.
- **Snow/water resistant pants,** very important.
- **Warm, dry socks, no cotton.** Wear only one pair of socks.
- **Sunscreen,** SPF 15 or higher, lip balm.
- **Trail map,** available for free in the lodge. **I.D., wallet, cash.**



SPECIAL EVENTS...CINDY FLOWERS

It's True! The Nomads have fun wherever they go! The organized Nomad bicycling season has sadly come to an end, however the last rides in October were spectacular! The Scarecrow Festival in St. Charles along the Fox River attracted about 18 riders and the Michigan Winery Ride about 14 riders. Both rides were filled with beautiful fall colors, a lot of fun, and great Nomad company!



Michigan Wine Ride



Scarecrow ride

Thank you Mike Habschmidt for leading the Scarecrow ride, and Mike Whicher for leading the Wine ride. ALSO thank you to Mike Wade for hanging in the back to be sure no one was left behind on the Wine Ride! The Golf and Bears Game at Palos Country Club was also a huge success! Thank you Steve Young! We all enjoyed a few "extras" that enjoyable day. We had an unexpected raffle and scratch cards that paid off pretty well, if I may say so. If you missed any of these great events, be sure to join us in November!!

Saturday November 12, 8:00pm to 11:00 pm
Let's Roll!! Tinley Park Roller Rink



Warm up your skiing muscles and get in a good workout while having fun skating with the Nomads! You can just show up or check the FB post to see who is going. (Do reply!)

Happy Hours (Note that these are not the last Friday of the month due to the holidays)
Friday, November 18th @ 4:00
Blarney Stone
5400 Cicero Ave
(Between 154th St & 155th St)
Oak Forest, IL 60452

Friday, December 16th @ 4:00
Ed & Joes
17332 South Oak Park Avenue
Tinley Park, IL 60430



Comedian Ken Savara

Saturday, November 26, 6:00 Dinner, Showtime 8:00:

Thanksgiving weekend

Papa Joe's Dinner Show Package – Complete dinner, non-alcoholic beverage, comedy show tickets and 2 drinks at Riddles Comedy Club (including liquor). \$35.00 per person. Papa Joes is at 10745 S. Cicero Avenue. Sign up at the social, or the general meeting this month.

Coming in early December:

Special Nomad Night

Friday, December 2 - 7:00pm to 9:00pm

Many Specials for Nomads only! Including Pizza and Drinks

- Super Special on Ski and Snow board tune-ups - \$39.50 (\$20.00 savings)
 - Minor base repair / Stone grinding / Edge sharpening / Waxing
 - Basic sharpening and waxing \$29.50
 - Big discounts on helmets over \$100.00, and on goggles too!
 - Discounts above and beyond our usual 10%

Show up Friday night to find more specials offered and enjoy the **private care** for **NOMADS ONLY**.
13352 South Cicero Ave Crestwood IL 60445, (708)389-4961



SPECIAL EVENTS...*CINDY FLOWERS*

NOVEMBER



Mon.	7	@ Eagles	7:30 PM	WBBM	ESPN	Night Game
Sun.	13	LIONS	12:00 PM	WBBM	FOX	5th Quarter 18105 Dixie Hwy
Sun.	20	CHARGERS	3:15 PM	WBBM	CBS	Jordan's Pub 13500 S. Harlem Ave
Sun.	27	@ Raiders	3:05 PM	WBBM	FOX	Chicago Blu 199th & LaGrange Rd Frankfort

Fitness Tip:

Slow Down ~ That's right, it is better to exercise slower, for a longer period of time than to exercise hard, for a relatively short period of time.

For Example ~ if you normally exercise for 45 min., slow down and stretch your session to 1 hour and 15 min. This conditions your body for endurance without 'killing yourself'.

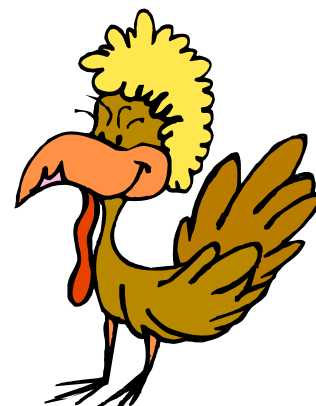
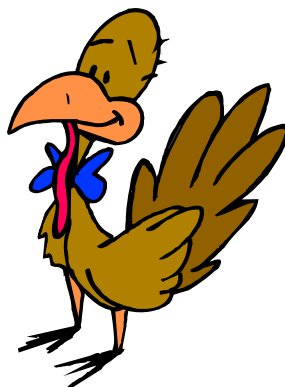
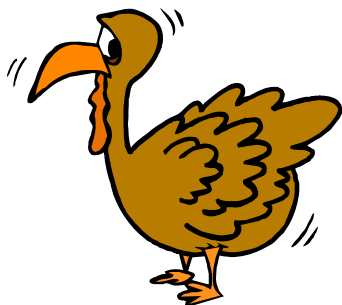
Balance Tip:

In order to keep your balance when downhill skiing, one must bend at the knees. To stay balanced while downhill skiing, one should keep themselves centered above the pelvis. Any minor variation in this basic position can easily cause a skier to loose his or her balance.

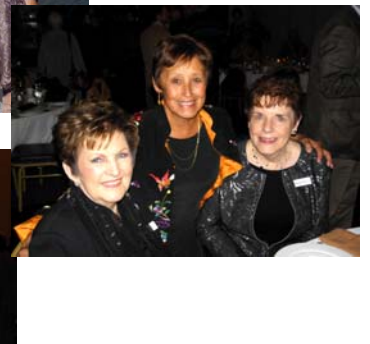
Goggle Tip:

While there are some products a skier can buy to help keep their goggles from fogging up, here is a simple, less expensive method, that might keep your ski goggles clear all day long.

Apply regular old toothpaste to both the inside and outside of your goggles. Use just enough water to make the goggles clear, this simple trick might help keep your goggles from fogging up.



NOMADS 50 YEARS STRONG








Beginner Ski Tips:

- Bundle up, it's cold out there.
- Ski at your own pace.
- Rent or buy?
- Protect yourself.
- Take a lesson.



Trail Tips:

- Pay attention
- Maintain control
- Obey signs
- Know your ability
- Green circle=easy 
- Blue square=intermediate 
- Black diamond=possible death!! 



**SKIING IS A DANCE,
AND THE MOUNTAIN ALWAYS LEADS**

AUTHOR UNKNOWN

CLUB INFORMATION

Nomad Newsletter: If you have not received your newsletter, contact the Membership Director, Heather Seger or the Editor, Janet Kruzel.

Membership Dues: Payable after June 1, 2011. Current membership is required to be eligible for any ski trip. Sign up with the Membership Director at any meeting. Single: (new) \$30 (renewal) \$25, Married Couples: (new) \$40 (renewal) \$35.

Social Meeting: 1st Wednesday of every month at Mitch's: 13815 S. Cicero, Crestwood, IL @ 8p.m.

General Meeting: 3rd Thursday of every month at Gaelic Park: 6119 W. 147th St. (between Central & Ridgeland), Oak Forest, IL @ 8 p.m.

Board Meeting: 2nd Thursday of every month, 7 p.m., location to be announced.

ALL MEMBERS ARE WELCOME

Unsolicited articles and announcements are welcome.

Email to the Editor: jlskrock@sbcglobal.net

Deadline is the Friday after the General Meeting

Club website: www.chicagonomads.com

Trip Sign-ups: In person at any meeting

TRIP CANCELLATION POLICY

Trip Cancellations: The Nomad Ski Club through its Board of Directors reserves the right to cancel trips, payments will be refunded. If trips are canceled due to circumstances beyond the control of the Nomad Ski Club, payments less expenses caused by the cancellation will be refunded.

Non-Refundable Deposits: Members reserve a seat on a trip by making a non-refundable trip deposit. Non-refundable trip deposits are 10% of the trip price for Western & European trips and \$35 for Midwest trips.

Member Cancellations: Members who cancel their seat on a trip will forfeit the non-refundable trip deposit plus any fees or losses incurred on their behalf. If cancellation occurs after the predetermined closing date (the date the last payment is due on the trip), the full price of the trip may be charged. A cancellation form must be submitted to the Trip Leader within 30 days after the trip departs for refund consideration.

Trip Waiting List: A completely full trip means all seats are filled on the bus scheduled for a Midwest trip or the minimum number of seats are filled on a Western or European trip. A member that cancels off a trip may be replaced on that trip from a waiting list, but the trip must be completely full. Canceling members that are replaced on a trip from a waiting list forfeit the non-refundable deposit plus any additional expenses incurred due to the cancellation. The excess will be refunded.

Contact your Trip Leader if you have any questions.

BOARD MEMBERS

2011 ~ 2012

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NON-ELECTED POSITIONS

Debbie Durkovic

Nomad Racing Chairperson




Phil Lorenzi

CMSMC Racing Chairperson


Ruth Sulda and Lucy Lanz

CMSMC Representative

Upcoming Events

-  December 2 ~ *SnowCrest*
-  December 9 ~ *Marquette*
-  January 3 ~ *Crested Butt*

November 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 <i>Social</i>	3	4	5
6	7 Bears	8	9	10 <i>Board</i>	11	12 Roller Skating
13 Bears	14	15	16	17 <i>General</i>	18 Happy Hour	19
20 Bears	21	22	23	24  <i>Thanksgiving</i>	25	26 Riddles Comedy Club
27 Bears	28	29	30			