

Chicago Nomads

Ski Club Newsletter



Picnic Time

Mark Your Calendars

SATURDAY SEPTEMBER 17 ~

FALL PICNIC

- ~ Yankee Woods
- ~ Sign up at the meetings
- ~ Bring something to share
- ~ Volunteers needed
- ~ Help make this picnic another big success!



SKI - A - RAMA

Sunday, August 28 ~ 2-6 p.m.

Gaelic Park ~ 6119 W. 147th St., Oak Forest

- > Membership Table
- > Trip Tables Open for Sign Ups
 - > Ski Apparel Fashion Show
- > Raffles and Door Prizes
 - > Cash Bar and Sandwiches



**Sign up early for Membership before Ski-a-Rama
and be eligible for a raffle for a \$ 50 Ski Bond.**

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MADAME PREZ SEZ...*Pamela Castellanos*



THE BEGINNING OF AUGUST is a reminder of the brevity of summer in our neck of the woods, as well as (at least for Nomads) thoughts about ski destinations. Skiers can get the details of scheduled Midwest and Western trips for the upcoming season at Ski-A-Rama on August 28th. This event provides the opportunity to sign up early, assuring you of a spot on the trip and making the payment schedule easier to manage over several months. Plus, it's fun to have something to look forward to when the winter weather rolls in.

MIKE H., OUR MIDWEST SKI DIRECTOR, has investigated ski resorts that the Nomads haven't visited for a while, and come up with three great locations: Marquette MI this December, Shanty Creek, MI in mid-February, and Granite Peak, WI in late February. He has also worked hard to keep the cost the weekend trips relatively low, not an easy feat with current fuel prices. So if a Western trip is out of the question for you this year, there are some excellent, reasonably priced options closer to home.

ED M., OUR VP, has planned some exciting trips out West, including Crested Butte, CO (early January in conjunction with the Moraine Valley Ski Club), and Big Sky Montana (late January). We also have 20 spaces available for CMSC Chicago week at Steamboat, CO late February. Prices range from about \$1100 - \$1500 with airfare included, or you may secure your own airfare. These trips are competitively priced with other ski clubs and have the added benefit of traveling with the Nomads. How can you beat that?

RICH C. HAS PLANNED another affordable family trip to a classy place, Breckenridge, CO in mid-January over Martin Luther King, Jr. weekend. This trip is coming in at a little over \$900.00 for adults and about half that for children, thanks to Rich's capable and relentless pursuit of cost effective lodging arrangements and airfare. A number of Nomads have already signed up, but there are spaces yet available and Rich may be able to expand if the demand is present.

THIS SUMMARY provides a quick reference to the possibilities available to Nomads in the upcoming ski season. The details for all of these trips can be found in the newsletter and at Ski-A-Rama, where our trip directors and leaders will be there to provide information, answer questions and take your deposits. You can sign up for ski destinations knowing you don't have to do the driving, make reservations with resorts and airlines, or put it on your credit card. A check for the first payment will get you started. An event like this one comes around only once a year, and takes a lot of planning, so let's make it worthwhile. We are fortunate to have Pam B. at the helm leading and organizing it. **So please, do not miss the chance to have some fun, win some prizes, check-out new ski equipment (or fashion), meet old and new members, and most importantly, make your ski travel plans for this season at Ski-A-Rama!**

You Say it's Your Birthday, **HAPPY BIRTHDAY** to YOU!!

3 Christine Pfau	13 Mary Christof	23 Ann Engelmann
4 Carole O'Rourke	13 Evelyn Vanek	24 Mark Anzilotti
4 Karen Reichert	14 Regina Folliard	24 Mary Meyer
7 Susan Hines	15 Wendy Kurczaba	24 Theresa Rebersky
10 Jean Rejniak	15 Ken Loeffler	28 Frank Gasior
11 Wayne Tokarczyk	15 Dorothy Tokarczyk	31 James Keating
	16 Aaron Oldanie	

Letter from the Editor,

Hi all, can you believe we are in our last month of so called 'summer'?! Hard to believe, seems like it just got started, what with nothing but 90 degree days or thunderstorms! UGH!!

The up side is, this has not stopped the Nomads from having a great time outdoors! Inside you will find pictures of club members golfing, at concerts and bike riding, go Nomads. We don't let this heat and rain keep us down for long, that's for sure.

A lot more exciting events and activities to come,

make sure to save the dates! October 15th, our club celebrates its 50th Anniversary!! How cool is that!! This great ski club has been around almost as long as me!! Watch the website, facebook and this newsletter for information on that, and think about buying an ad for our Anniversary book, it helps support the club and to defray costs for the Anniversary Dance. The Fall picnic is coming up, mark that on your calendar, Cindy Flowers will have all the info on that. There's so much more I won't waste the space writing about it, others will!!

Janet K.



Nomads 50th Anniversary

**THE NOMAD SKI CLUB IS TURNING 50!!
WE WILL BE CELEBRATING WITH A DINNER DANCE**

SATURDAY, OCTOBER 15, 2011 ~ AT THE CHATEAU DEL MAR, HICKORY HILLS

WE ARE ASKING FOR YOUR SUPPORT BY PURCHASING AN AD IN OUR ANNIVERSARY PROGRAM. IT CAN BE AN ADVERTISEMENT, MESSAGE TO FRIENDS OR SENDING A GREETING TO THE CLUB. FEEL FREE TO DESIGN YOUR OWN AD, PICK FROM OUR SAMPLES OR SUBMIT A BUSINESS CARD. **SEE OR CONTACT PATTY PFAU, PATRICIA.PFAU@BP.COM**

NAME: _____ PHONE #: _____

1/4 PAGE, \$25

1/2 PAGE, \$50

FULL PAGE, \$100

CONTENT OF AD: _____

SAVE THE DATE!
Saturday, October 15 ~ Nomad  Dinner Dance
 **at Chateau Del Mar**

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Many HOT Nomads were at the Tinley Park **CARIBBEAN BEACH PARTY**, July 17th. We had a great time dancing in the street on Oak Park Avenue to live bands. Heather Seger kept us laughing by enjoying every watering sprinkler she could find. Several Nomads enjoyed a wonderful lunch and many cold refreshments at Durbin's in the shade. The music was great, the atmosphere was very upbeat, and yes, the day was sunny and hot! Perfect Day for a Caribbean Beach Party!

Theresa Rebersky



NOMADS AT RAVINIA, FRIDAY, JULY 22

Five for Fighting

As a Ravinia member, Kayo Juarez entered the park early and set up "camp", saving the Nomads a prime spot. The weather was perfect, the company terrific, and the music outstanding. All together, the perfect way to spend a Friday evening!



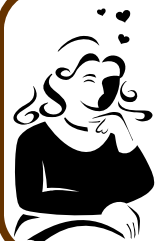
FAMILY SKI TRIP...*Rich Clausius*

Breckenridge, Colorado - On Sale Now & Lower Price Too!! January 12-17, 2012

THE 7TH ANNUAL NOMAD FAMILY TRIP will be to Breckenridge., Colorado on Jan 12-17, 2012 over the Martin Luther King Holiday. For this trip we will be staying slope side and near Main Street in two-bedroom condos at Sawmill Creek in Breckenridge. This will give us easy access to the mountain (ski in/walk out) and the many shops and restaurants on Main Street. All and all this will be another great trip and it's open to not only Families but to all Nomads. This Five Night/Four Ski Day Trip includes:

- Airfare/Flights included to/from Denver, Colorado & bus to/from Breckenridge.
- 2 Bedroom/2 Bath ski in/walk out Condos at the Sawmill Creek Condos (off of 4 O'clock Run)
- Free lodging for Children if they sleep on a sleeper sofa, (and depending on the arrangements we may be able to do the same for Teens).
- Several Condos have been set aside for Adults only (no Children or Teens).
- Four day Lift Ticket good for Breckenridge, Keystone, Arapahoe Basin of which 2 days can be used at Vail/Beaver Creek (transportation not included).
- Parties/Events: Pre-Trip Pizza Party, Club Lunch or Dinner, Club Race, and more.
- All participants must be Nomad Members including Children & Teens.
Children & Teens must be related to Parents, Uncles, etc. on the Trip, (no children friends).

IN ADDITION, DUE TO A LAST MINUTE CHANGE in airlines we will now be flying on Frontier Airlines out of Midway instead of United out of O'Hare. This has resulted in a \$50/person price drop and also includes luggage fees for 2 checked bags. (What a deal!) Breckenridge's pricing for Children & Teens will vary depending on bedding/sleeping arrangements, but the new pricing is \$930 for Adults, \$610 and up for Teens, and \$485 and up for Children (age 5-12). The trip is open to everyone and I will be taking signups at the August Social and General Meetings and Ski-A-Rama. Anyone with children please sign up soon, the trip is already over half full! Any questions, please call me at home at 708-429-3286. *Rich*



If you have changed your **phone/cell number or e-mail address**, please contact Heather Seger, Membership Director. If we want the club directory to be correct, we need your updated information. *Thank You!*

Monthly Get Togethers

Look to the **Nomad Website** and the **Nomad Facebook page for information.**

Sign up on the Nomad facebook page to get the latest information.



MIDWESTS TRIPS...*MIKE HABSCHMIDT*

Hello again, everyone!

Mike Habschmidt here with your Summer 2011 Ski Club update letter! Ski season is getting closer and closer, and with those cold winter months drawing nearer, I have even more updates on our next major trips! Now, I'm sure you'll notice that the prices this year are higher than they were the last few years. This is true. But, I promise I did my best to get the best prices, fought tooth and nail to get you the best deals, in the face of overwhelming gas prices and other rising expenses.

December 9th through the 11th we will be staying at the **Holiday Inn** in beautiful downtown **Marquette, Michigan!** The Marquette Ojibwa Casino is right nearby, too, for plenty of fun and excitement when you're tired of skiing! This trip comes out to only **\$295** per person.

February 10th through the 12th we will finally be visiting **Shanty Creek, Michigan** again after years of being away! And there's two ski hills to visit! You even have a fabulous dinner and a breakfast buffet with an Omelet Station. The trip comes out to **\$300** per person.

And finally, from **February 24th through the 26th**, we will once again be visiting **Granite Peak, Wisconsin!** The Best Western hotel is conveniently located only two miles from the ski hill. This trip comes out to **\$295** per person.

Have a great summer, everyone!

UPCOMING CMSC EVENTS...*LUCY LANZ*



Annual CMSC Picnic/ Campout, Friday and Saturday, August 19 & 20, 2011 at NORGE SKI CLUB, Fox River Grove, IL

Open to all members of CMSC clubs! The event is **FREE!**

Camping – Aug. 19 & 20 (Primitive camping!)

Picnic – Aug. 20, Starts at noon. Free hamburgers, brats, chips, water, soda! BYOB. Food will start serving at 3 p.m.

Live Music – Aug. 20, Starts at 6:30 p.m. Band is "Centerfold"!

There will be ski jumping demonstrations Saturday afternoon about 5:00 p.m.. Watch them fly! It's a fun event so plan on joining us. **Please RSVP on the CMSC website – go to the CMSC Picnic – then to Register FREE online.** They need an idea of how many are coming in order to prepare enough food. There will be a list going around at club meetings if you want to carpool there with other club members – a 65 mile trip – or 1.5 hours from Homewood or a little more than an hour from the Gaelic Park area.

CMSC GOLF OUTING, SEPTEMBER 23-25, 2011, at Devil's Head Resort, Merrimac, Wisconsin. FEW SPOTS LEFT!!

36 holes of **UNLIMITED** Golf Saturday & Sunday (cart included), 2 nights lodging (Fri. & Sat.), 2 dinners, 2 breakfasts (order off the menu for meals), Prime rib, Lobster, etc., need additional \$10.00. \$255.00 per person (based on double occupancy). Friday 18 holes will cost additional \$35. Unlimited Friday Golf is \$45. Contact Denise George with questions, gengede@sbcglobal.net, 7623 Sussex Creek Dr. #410, Darien, IL, 60561. Make all checks payable to CMSC. Specify golf partners or roommate. Include e-mail address with payment. **Devil's Head is going thru renovations. We will be staying in the renovated area.** (FYI, there are 2 – 18 hole golf courses at Devil's Head.)

UPCOMING SKI SEASON WITH CMSC:

The CMSC European trip will be going to Madonna de Campiglio, a ski area in the Dolomite Mountains, northern Italy, January 21 – 29, 2012.

Base price: \$2019, includes round trip air, ground transfers, 7 nights lodging, daily buffet breakfast and dinner.

Three night extension – Venice, Italy – price \$599, includes 3 nights lodging, daily breakfast, ground transfers. Join my sister and me on this fabulous trip!!!

CMSC Chicago Week 2010 will be held at Steamboat, Colorado, February 25 – March 3, 2012.

I'm sure it will be another fun week.

CMSC Winter Carnival will be at Ski Brule, March 16-18, 2012

For more information, contact Ruth Sulda, (773) 779-4025, Lucy Lanz, (708) 798-2542, or check the CMSC website at skicmsc.org



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YOU'RE INVITED TO THE ANNUAL CMSC PICNIC AT NORGE

CAMPING PICNIC LIVE MUSIC
OPEN (AND FREE!) TO ALL MEMBERS OF CMSC CLUBS!

When: Camping Aug. 19 & 20
Live Music Aug. 20, Evening
Picnic Aug. 20 All Day
Where: Norge Ski Jump, Fox River Grove

...plus Ski Jumping Demonstrations! Watch them fly!



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SKI-A-RAMA TIME AND THE WESTERN TRIPS ARE SET

Crested Butte for a short trip after New Year's from **Jan 3 - 7, 2012**. *I still need a trip leader for this trip*. Plaza Condo's with 2 & 3 bed, 2 & 3 Bath units. In Crested Butte village, the Plaza Condo's is so close we can walk to the lift, five nights lodging, 4 day lift and ground transfer included for **\$1130**. The GROUND package is AVAILABLE for the price of \$555.00. Get to the Gunnison Airport when we do, and we can add you to the ground transportation at a reduced rate. If not, you are responsible for getting to the Plaza Condo's.

Crested Butte Jan 2 - 7, 2012 \$1130

Plaza Condo 2 and 3 bedroom, 2 & 3 bath (five nights)

Airfare from Chicago ORD to GUNNISON GUC via Denver and return

Four days lift

Ground Transfer from and to airport

Big Sky in the end of January for a week, **Jan 28 - Feb 12, 2012**. Thank You **Mr. Mike O'Rourke for volunteering to be trip leader**. Mike called yesterday and said he would like to run this trip. And we already have our first signup. Out of the ordinary but this new member is from Australia so I think we can allow the exception to the rules and there will still be space available for all the local members. Lodging at the Huntley with breakfasts included. I am investigating the exact cost to upgrade to Condo that are still available. If you are interested, full payments must be made. Prices will be posted as soon as they are settled. This was not part of the original contract but an added option. Huntley Lodge again so close we can walk to the lift for 5 days of skiing, lift can be extended while on site. The GROUND package is AVAILABLE for the price of \$955.00. Meet us at the airport and get reduced cost transportation to the lodge otherwise, you are responsible for getting to the Huntley Lodge.

BIG SKY January 28 - February 4, 2012 Price: \$1449

R/T air from Chicago to Bozeman on United Airline - R/T Ground Transfers

7 Nights Lodging at Huntley Lodge Including Breakfast Daily (2 per hotel room)

Welcome Reception

5 Day Adult Big Sky Lift Ticket

CMSC Chicago Week in Steamboat Springs Co. Our trip leader here will be Mr. Herb Lhotka. This will be **Feb. 25 - Mar. 3, 2012** staying at the Lodge in Steamboat. Air direct to Hayden. Walking to the slopes from The Lodge is about 10 minutes walking really slow. Seven night lodging and a 5 day lift ticket. Welcome breakfast, Mountain Picnic, Après Ski Parties, Farewell Party and Racing. Exact air times are not in yet and are set by CMSC. There is an expected 250 people going so there will be fun for all. Let's make a big Nomad showing. Billy Kidd, 1964 Olympic Silver Medalist, will be skiing and is expected at to be at several events.

Steamboat Feb 25 - Mar 3, 2012 \$ 1530

The Lodge, 2 & 3 bedroom Condo's (seven nights)

Airfare from Chicago ORD to Hayden/Ground Transfer from and to airport

Five days lift Steamboat/Welcom Party/Breakfast/NASTAR Racing

Mountain Lunch/Après Ski Parties/Farewell Party

And the **FAMILY Trip** is ready and people are signing up for **Breckenridge over MLK weekend extended, \$960**. See **Rich's article for all the details**.

We need a TRIP LEADER for Crested Butte. Currently there are none. That means one more Nomad club member must step up. Without a trip leader, I have little choice but to cancel the trip. Please e-mail me at EdwardM@ASPNCO.COM if you would like to be a trip leader.

IT IS SKI-A-RAMA TIME AND IT IS ALL ABOUT YOU. Sign up for trips and have fun. Wait, and it will surely cost more. There are limits to how long we can offer these rates and once deadlines come, decisions are made and things will never be the same. All trips must have a minimum of 20 Nomad's signed up. Due to Airline and other requirements, the time for sign ups at the currently posted rates will be in the 15th of September 2011. After the September General meeting, air and lodging will be released, signups will be subject to availability and possible cost increases. Trips without twenty members paid in full are subject to cancellation based on the tour operators contract minimums. And ALL Prices are subject to change without notice. This is in part due to the airlines fare rate adjustments.

That's all . . .Enjoy

Nomad Membership is required for all Western and Midwest Ski Trips.

For Your Health

SUMMER SAFETY HEAT TIPS

Summer can be fun and no matter what activities you have planned it's good to be prepared. Whether you are at the park, playing games, exercising, or swimming these hot humid summer days can take a toll on your body. Here are some tips on keeping you safe in the heat.

Be mindful of heat stroke, exhaustion or illness, especially with young children and the elderly.

- Heat illness takes place when the body's cooling system becomes overwhelmed. Slow down, get indoors or to a shaded place, wear lightweight and light colored clothing, and drink more fluids -- excluding caffeine, high- sugared beverages, and alcohol which can dehydrate your body.
- Heat exhaustion is a bit milder but not to take lightly. At this point your body has already become dehydrated.

HERE ARE SOME SYMPTOMS OF EXHAUSTION:

- Skin may become pale or flush, cool and moist
- Muscles may cramp up, followed by nausea, dry mouth and a headache.
- Again, remove yourself from the sun and drink fluids; take a cool shower or bath, and rest.
- Heat Stroke is a medical emergency. You will be doing many of the same actions taken with heat exhaustion: cooling off, resting, getting to a shaded area, but you will not be giving fluids.

A SKIER'S DICTIONARY

ALP ~ One of a number of ski mountains in Europe.

Also a shouted request for assistance made by a European.

BONES ~ There are 206 bones in the human body.

No need for dismay, however; the two bones of the middle ear have never been broken while skiing.

SKIER ~ One who pays an arm and a leg for the opportunity to break them.

A WORTHY CAUSE

IF YOU'RE interested in feeling good about that can o' beer your drinking, think about saving those tabs, not just beer, but any soda pop can as well.

THROW EM' in a can or bag, then bring em' to any meeting. GIVE EM' to Ruth S. or any Board Member, we'll see she gets em'!

THEY GO to the Ronald McDonald House, to help kids with cancer.

CAN YOU BELIEVE 1 GALLON OF TABS CAN GET UP TO \$300!!

SO FEEL good about drinking that can o' beer (or pop), just don't try and fill a gallon in one nite!!





SPECIAL EVENTS...*CINDY FLOWERS*

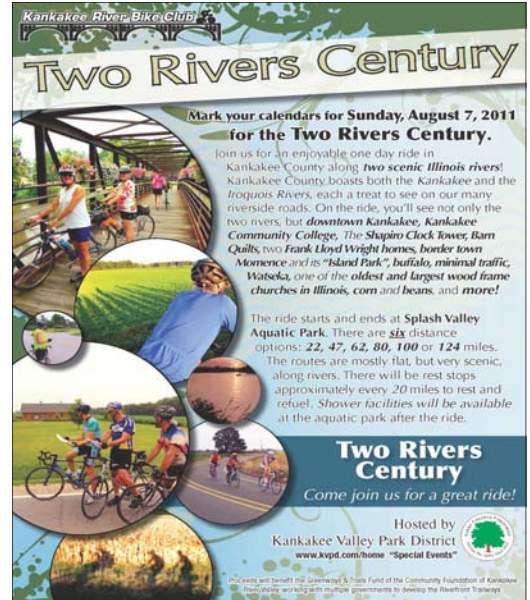
Friday 5 - Taste of Orland Park – Great Entertainment all 3 days. Some of the tables have a schedule of entertainment, the attractions in red are the ones the Nomads are planning on attending. Look for us midway on the right while facing the stage.

Sunday 7th – Two Rivers Bike Ride, Kankakee. Contact Cindy if you are interested in being the event leader. cindyf510@gmail.com

Friday, 12th – Wine and Chocolate Tasting 7 – 10 pm - Park Forest, Fun, Friday evening event.

Sunday, 14 – Volleyball at Shirley’s Beach. Bruce bringing the volleyball net and setting up the boundaries. Lets get a good group out there! A list is going around to organize carpools. Contact Heather Seger

Saturday September 17 – Fall Picnic We will be back home at Yankee Woods. Sign up at the meetings, and remember to bring something to share with the Nomads! We always need volunteers, so please help out to make this picnic another big success.



Your fellow Nomads are always up for new social ideas! Just contact Cindy, cindyf510@gmail.com, if you’d like to organize a social event, dinner, or other outing with the club. Let us know the when and where and we’ll take it from there!

**Happy Hour
Friday 29
Sam McQuires**



PUB CRAWL W/HUSTLERS & PICADILLY SKI CLUBS SUNDAY, JULY 17

WHAT A PERFECT DAY FOR A RIDE! WE MET A LOT OF FRIENDLY FELLOW SKIERS / BIKER RIDERS AND ARE PLANNING ON TRYING TO COMBINE CLUB ACTIVITIES MORE OFTEN. IT WAS A FUN DAY!



GOLF OUTING

AFTER several attempts, we finally got our Nomads golf outing in! We had a great showing with 9 Nomads playing a round of golf at Silver Lakes Rolling Hills course this morning. THE weather was nice and sunny, and we finished before it got too hot, then off to a hearty breakfast.

I'll keep you posted on plans for any future outings. Hope you're having a great summer! More soon.

Steve



CLUB INFORMATION

Nomad Newsletter: If you have not received your newsletter, contact the Membership Director, Heather Seger or the Editor, Janet Kruzel.

Membership Dues: Payable after June 1, 2011. Current membership is required to be eligible for any ski trip. Sign up with the Membership Director at any meeting. Single: (new) \$30 (renewal) \$25, Married Couples: (new) \$40 (renewal) \$35.

Social Meeting: 1st Wednesday of every month at Mitch's: 13815 S. Cicero, Crestwood, IL @ 8p.m.

General Meeting: 3rd Thursday of every month at Gaelic Park: 6119 W. 147th St. (between Central & Ridgeland), Oak Forest, IL @ 8 p.m.

Board Meeting: 2nd Thursday of every month, 7 p.m., location to be announced.

ALL MEMBERS ARE WELCOME

Unsolicited articles and announcements are welcome.

Email to the Editor: jlskrock@sbcglobal.net

Deadline is the Friday after the General Meeting

Club website: www.chicagonomads.com

Trip Sign-ups: In person at any meeting

TRIP CANCELLATION POLICY

Trip Cancellations: The Nomad Ski Club through its Board of Directors reserves the right to cancel trips, payments will be refunded. If trips are canceled due to circumstances beyond the control of the Nomad Ski Club, payments less expenses caused by the cancellation will be refunded.

Non-Refundable Deposits: Members reserve a seat on a trip by making a non-refundable trip deposit. Non-refundable trip deposits are 10% of the trip price for Western & European trips and \$35 for Midwest trips.

Member Cancellations: Members who cancel their seat on a trip will forfeit the non-refundable trip deposit plus any fees or losses incurred on their behalf. If cancellation occurs after the predetermined closing date (the date the last payment is due on the trip), the full price of the trip may be charged. A cancellation form must be submitted to the Trip Leader within 30 days after the trip departs for refund consideration.

Trip Waiting List: A completely full trip means all seats are filled on the bus scheduled for a Midwest trip or the minimum number of seats are filled on a Western or European trip. A member that cancels off a trip may be replaced on that trip from a waiting list, but the trip must be completely full. Canceling members that are replaced on a trip from a waiting list forfeit the non-refundable deposit plus any additional expenses incurred due to the cancellation. The excess will be refunded.

Contact your Trip Leader if you have any questions.

BOARD MEMBERS

2011 ~ 2012

Pamela Castellanos

President

(773) 733-1871

pamela.hollander1@gmail.com

Edward Mitchell

Vice President

(312) 287-0503

edwardm@aspnco.com

Fran Salvatori

Secretary

(312) 502-6837

fastoys@aol.com

Pat Monahan

Treasurer

(773) 445-6293

treasurer@chicagonomads.com

Mike Habschmidt

Midwest Trip Director

(773) 315-3484

habby555@aol.com

Cindy Flowers

Special Events Director

(708) 712-3651

cindyf510@gmail.com

Pam Bremer

Social Director

(708) 448-4954

pamccdoc@att.net

Heather Seger

Membership Director

(708) 439-6258

ski2bhigh23@gmail.com

Janet Kruzel

Editor / Webmaster

(708) 856-4273

jlskrock@sbcglobal.net

NON-ELECTED POSITIONS

Debbie Durkovic

Nomad Racing Chairperson

Phil Lorenzi

CMSMC Racing Chairperson

Ruth Sulda and Lucy Lanz

CMSMC Representative

Upcoming Events



September 17 ~ Nomad Fall Picnic



September 23-25 ~ CMSC Golf Outing



October 15 ~ Nomad 50th Anniversary Dance



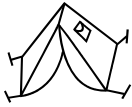



December 9 ~ Marquette



January 3 ~ Crested Butt

August 2011

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 <i>Social</i>	4	5 Taste of Orland →	6
7 Bike Ride 	8	9	10	11 <i>Board</i>	12 Wine Tasting 	13
14  Volleyball	15	16	17	18 <i>General</i>	19 CSMC-Camping/ Picnic →	20 
21	22	23	24	25	26 Happy Hour	27
28  Ski-A-Rama	29	30	31			